

Make a Pledge to Use **Safety Belts.**

Wearing a safety belt every time you get in the car is the most important thing you can do to protect yourself from death or injury in case of a crash. Also, Massachusetts law requires everyone to buckle up, for every trip.

There are good reasons to buckle up:

- Wearing a safety belt reduces your risk of death or serious injury in a crash by up to 50%.
- Research indicates that when adults buckle up, their young passengers are 50% more likely to be properly restrained.
- You should wear a safety belt even if you are traveling at low speeds or going on short trips. More than 80% of all traffic fatalities occur within 25 miles of home and at less than 40 mph.
- The fine for not wearing a safety belt is \$25.

Every hour, at least one American dies because he or she didn't buckle up. Protect yourself and others. Pledge to buckle up every time you drive!



For more information on safety belts and other highway safety issues, visit www.mass.gov/ghsb.

Pledge Card

I, (print your name here)

**pledge to wear my safety belt and encourage
all others in my vehicle to do the same.**

Address

Signature

Do you currently wear your safety belt? ☐ YES ☐ NO



Your personal information will only be used for your community's campaign.